



Snowshoe Training Series

The Eagle River YMCA is hosting an **8-week snowshoe training series on Tuesday evenings in January and February**. Snowshoe trekkers of all abilities are invited to explore area trails and prepare for the Snowshoe Challenge.

This series is free of charge and individuals who participate in all 8 treks can register for the snowshoe challenge for just \$5.00!

Contact the YMCA at <http://www.ymcaofthenorthwoods.org> or 715-479-9500 for more information!

**Klondike Days
Snowshoe Challenge
PO Box 1166
Eagle River, WI 54521**
Address Correction Required



Klondike Days Snowshoe Challenge



Eagle River, WI

**Sunday, March 4, 2012
11:00 a.m.**

website: www.klondikedays.org

Come Race or Tromp with Us!

The Snowshoe Challenge will be an exciting part of the 22nd annual Klondike Days. The course runs through the woods on beautiful trails behind Rockin W Stables in Eagle River.

Snowshoe Events

- 3 and 6 mile race (men & women)
- Tromp - This is a noncompetitive walk/run distance for 1 or 3 miles.
- Kids races for ages 10 & under

Location: Rockin' W Stables next to Northland Pines High School inside the Klondike Days Grounds in Eagle River, Wisconsin.

Entry fees: \$15 postmarked by February 27, 2011; \$20 thereafter. Kids race \$12 pre or race day. Race day registration is available! Registration includes T-shirt, door prizes, and FREE entry into the greatest event in the midwest in winter, KLONDIKE DAYS!

Registration/check-in:

Saturday, March 3: 4:00 to 5:00 p.m.
Sunday, March 4: 9:00 - 10:30 a.m.

Competitions start times:

Kids' races: 11:00 a.m.
3 & 6 mile races: 11:20 a.m.
Tromp: 11:30 a.m.

Snowshoe Demonstration Station will be set up near the race start for spectators and others to try various styles!

The Klondike Days Snowshoe Challenge is part of the 2012

Braveheart Snowshoe Racing Series

Check out www.cutemoose.net for Braveheart Series races and additional information.

Snowshoe Challenge is Sponsored By...



...and other local businesses!



Kids' races will range from 25 to 100 yards, divided by age of participants!

Snowshoe Challenge Entry Form

<i>I am Signing up For</i>	<i>By 2/27</i>	<i>By 3/4</i>
<input type="checkbox"/> 3 Mile Race	\$15	\$20
<input type="checkbox"/> 6 Mile Race	\$15	\$20
<input type="checkbox"/> 1 Mile Tromp	\$15	\$20
<input type="checkbox"/> 3 Mile Tromp	\$15	\$20
<input type="checkbox"/> Kids Race	\$12	\$12
<input type="checkbox"/> I participated in all 8 weeks of the Snowshoe Training Series (registration = \$5)		

Name _____

Age on Race Day _____ M or F (circle one)

Shirt Size: Child L Adult S M L XL

Address _____

Phone _____

E-mail _____

Waiver

I will participate in the Klondike Days Snowshoe Challenge and thereby waive, release, and dismiss all claims from damages and personal injury of which I may incur before, during, or after the above named event, against any and all race officials involved, Klondike Days entity, Northland Pines SD, Rockin W Stables, or anyone else. I certify that I am physically fit to compete in the Snowshoe Event.

Signature (Parent if under 18) _____

Register on active.com or mail this form to:

Klondike Days
PO Box 1166
Eagle River, WI 54521

For More Information, Contact Keilah Frickson
715-479-4442
keilah.runnergirl@gmail.com